

# The Viking Workshop

On the 17<sup>th</sup> of October, 2016, P6 Graham took part in a Viking workshop in the Parish hall. There were nine different challenges and another two at the end.

For Challenge One we used flint and steel to make sparks, we also used a quern stone to turn wheat into flour.

For Challenge number two we dressed up as Vikings, there was a section for girls to dress up as girl Vikings and a section for boys to dress up as boy Vikings. There were many different clothes we could put on.

For Challenge number three we made Viking bracelets using wool and a wooden loom. There was green and red wool. We just wrapped the wool in a figure of eight around the wooden loom and pulled the bottom piece of wool off the loom and kept on doing it until it was long enough to fit your wrist.

For the fourth challenge we made a wall for a Viking Longhouse from hazel twigs, but back in the Viking age they would have used wattle and daub. We just wrapped the hazel twigs around five long wooden poles and wrapped it in a different direction each time.

For challenge number five we played a game called Trip Trap Troll. The game is still played in Sweden today. Trip Trap Troll is a Viking board game where you have two white pieces or two black pieces. If you have the two you get to go first, you just try to trap the other player.

For challenge number six you had to uncrack the Viking runes. Some Viking runes can stand for more than one letter. You had a page and a sheet telling you how to uncrack the secret message.

We ran a chainmail race where you did a relay carrying chainmail. We also did an activity where you learnt about Viking weapons and got to lift them and see how heavy they were. Then we did a challenge where we had a piece of paper and worked with our partner to try and find all of the artefacts.

For our final two activities we made spears out of cardboard, paper, masking tape and red paint. For our final activity we took part in sword defence training. We got foam swords and we learnt all of the different types of positions and moves e.g. Position 1 e.g. on guard.

It was really fun and we all enjoyed it!

Ella Marie P6G